



## **Intercultural Creativity for Collective Healing**

Presenters: Tatyana Fertelmeyster, LCPC & Marie Sheffield, LCPC

For centuries, the historical trauma of racism has spread like an infection, through individuals, communities, and across generations. With the ongoing COVID-19 pandemic, the collective trauma and the disparity of humanity is at its apex. We are contemplating a 'reentry' into divided and disconnected societies. Furthermore, going back to 'the way things used to be' would be detrimental; showing up in a different way has possibility. We have a collective injury, which means healing needs to occur in the community.

In the words of Peter Levine, "*a healing moment ripples forward and back, out and about*". This Master Workshop will focus on the deepening of facilitation skills for those who work at the intersection of intercultural and diversity. Incorporating environments of care and wellbeing, understanding of trauma and traditions of collective healing, intentional presence and creativity will encourage participants to experience new horizons of the profession.

Participants will:

- Learn and explore the five essentials of collective healing in offering a learning environment of care
- Engage with the power of the arts and creativity in promoting self-reflection, discernment and the collective voice of participants and their learning
- Add new practical tools to their facilitator's toolboxes

## **About the Presenters**



### **Tatyana Fertelmeyster, LCPC**

Tatyana Fertelmeyster, a Founder and Principal of Connecting Differences, LLC is an intercultural consultant, trainer, and coach with background and extensive experience in mental health. Licensed Clinical Professional Counselor, Tatyana provided individual, couple's, family, and group counseling to US- and foreign-born clients for over ten years. Tatyana's experience of engaging with people as a trusted advisor stretches across populations and settings. It includes counseling refugees, supporting global executives, coaching DEI leaders, and mentoring fellow interculturalists just to name a few. Tatyana is a past-president of SIETAR USA and had been a long-time faculty member at the Summer,

Winter, and Qatar Institutes for Intercultural Communication. Her current focus is on bringing together Mental Health, DEI, and Intercultural work in service of collective healing.



The logo for the Virtual Master Workshop Weekend features a stylized arch in green, yellow, and purple above the word "Virtual" in purple. To the right is the SIETAR USA logo, which consists of three wavy purple lines above the text "SIETAR USA". Below "Virtual" is the word "Master" in a large, bold, blue font. Underneath "Master" is the word "Workshop" in a teal font, and at the bottom is the word "Weekend" in a smaller, blue font.



**Marie Sheffield, LCPC**

Marie is a licensed clinical counselor and art therapist working in the field of collective trauma and collective healing. Within the mass trauma field, she worked specifically with children whose parent(s) died on 9/11 and families resettling to the United States from war and persecution. In addition to consulting and training, Marie is an adjunct professor at the University of Southern Maine.

With two decades as an intercultural team leader for the Intercultural Community Peer Support Program, and Intercultural Advisory Council, at the Center for Grieving Children (CGC) in Portland, Maine, Marie also completed a fellowship with the Intercultural Communication Institute. Currently, her training and consultations are focused on bringing skills of collective healing into the healthcare, education, and community systems.