



## **Intercultural Inclusion: Perspectives from Neuroscience**

Presenter: Dr. Yuliya Kartoshkina

This interactive workshop is designed to familiarize the audience with the mechanisms in our brains that prevent us from being interculturally inclusive as well as those that make such inclusion possible. Recent findings from cultural neuroscience and educational neuroscience will be reviewed, as well as practical strategies that interculturalists could include in their everyday practices. During the session, there will be several interactive and experiential exercises that would help the audience deepen their understanding of how the mechanism of neuroplasticity, the ability to rewire our brains, works in practice. No previous knowledge on neuroscience is required to attend this workshop.

This workshop is based on a theory-to-practice approach to help interculturalists deepen their knowledge of culture and mind based on current research findings from neuroscience and enhance their practices in developing a more interculturally inclusive society.

### **About the Presenter**



**Dr. Yuliya Kartoshkina** specializes in exploring best practices in intercultural teaching and learning. One of her main research interests over the past decade lies in exploring how findings in educational and cultural neuroscience could inform and enrich practices in intercultural teaching and learning. Through her practice, teaching, and research, Yuliya seeks to inspire others to learn about the human brain, how it learns, as well as how it shapes and is being shaped by cultural environments. Yuliya currently works at the University of Minnesota as an Education Program Specialist in the area of Internationalizing Campus and Curriculum.